Hi Dr. Poling,

I just finished reading your book as I was physically unable to put it down! Thank you!

This subject is personal for me as well and I wanted to say thank you for sharing your journey with the world and most importantly thank you for all the hard work, all the research, and all the time you dedicated to show all of us how to help our kids who suffer in silence. This book was exactly what I had been looking for the past couple of years. I have read other books on the subject but this was something

else. You went through what I had gone through and reading your book was as if you were reading my mind!!!

I have to add that your book made me cry both from happiness (finally there is someone who truly understands!) and from sadness (triggered some of the memories I had trying to explain to professionals what we were going through). I will cherish this resource you have provided.

My mission is to raise awareness both in Canada as well as my home country.

Thank you profoundly!